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# Tassievore Eat Local Challenge

## March 2014

### Eat local, Grow local, Buy local

Challenge yourself this March to eat, grow and buy Tasmanian produce and products. Join up and have a go at the four Tassievore challenges. Send us photos and stories as you grow your own, discover new businesses, eat Tassie fruit and vegetables and finally host your own Tassievore feast!

How are you going to celebrate the Tassievore Challenge?

#### **Week 1. Try something new**

Find a new Tassie food or drink and let us know about it. Need inspiration? Check out the Tassievore website or just start exploring your local area and asking for Tasmanian products.

#### **Week 2. Support Local Businesses**

Choose to shop all week at Tasmanian owned businesses.

#### **Week 3. Tassie fruit and vegetables**

One week of eating Tasmanian produce from your backyard, or buy Tasmanian produce from the local co-op, farmers market or green grocer.

#### **Week 4. Host a Tassievore Dinner Party**

Invite all your friends and family around in the final week and celebrate the fantastic food Tasmania has to offer! We would love to know what you do, cook and eat!

#### **Join the Challenge:**

E-newsletter: [www.taseatlocal.wordpress.com](http://www.taseatlocal.wordpress.com)

Facebook: [www.facebook.com/tassievorelocalfoodchallenge](http://www.facebook.com/tassievorelocalfoodchallenge)

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