

SHOP # TWO - SATURDAY 24 AUGUST 2013

<i>ALTERNATIVE SHOP</i>	<i>ALT TOTALS</i>	<i>COLES PRICE SAME ITEM</i>	<i>COLES PRICE SIMILAR ITEM</i>	<i>COLES TOTALS</i>
South Hobart Butchery				
Boned lamb shoulder (local lamb)				
1.5kg @ 15.50	23.40	N/A	Prepacked Tas Lamb Leg Roast 16.99 per kg	25.50
Porterhouse steak (local Black Angus)			King Island Beef Porterhouse	
685g @ 29.95/kg - 3 pieces	20.00	N/A	685g @ 32.00/kg - 3 pieces	21.95
Beef Mince High Grade 500g @ 13.99/kg	6.95	N/A	King Island Beef Mince 550g @ 15.00/kg	7.50
Lamb Chump Chops 6 @ 6.95/kg	13.80	N/A	Coles Lamb Forequarter Chops	
			approx 2kg @ 9.00/kg	18.00
Chicken Maryland x 3		N/A	Thigh cutlets & drumsticks	
Chicken Drumsticks x 3 approx 2kg	10.00		approx 2kg @ 6.00/kg	12.00
Lamb Shoulder 1.8kg @ \$11.99	21.00	Coles Lamb Shoulder 2kg @		
		7.00/kg		14.00
8 lamb cutlets (crumbed)	13.90	N/A	8 uncrumbed lamb cutlets	15.34
Porterhouse steak (local Black Angus)			King Island Beef Porterhouse	
690g @ 29.95/kg - 3 pieces	20.00	N/A	690g @ 32.00/kg - 3 pieces	22.00
Churchills Tas Free Range Eggs 700g			Tasmanian Free Range Eggs 700g	
2 dozen @ 5.90	11.80		2 dozen @ 6.40	12.80
TOTAL	140.85			149.09
Salamanca Market Stalls				
<i>Vegetables</i>				
4 bunches carrots		9.50		
6 large heads broccoli		5.35		
piece sweet potato		2.40		
350g beans x 2		4.50		
piece pumpkin		1.50		
bunch silverbeet		4.50		
iceberg lettuce		1.50		
cauliflower half		2.30		
<i>Total</i>	29.00	31.55		
King Edward potatoes 4kg @ 2.99	11.50	N/A	Brushed potatoes @ 2.99	11.50
TOTAL	40.50			43.05
<i>Fruit</i>				
Steenholdt Organic Apples 7.65kg @ 5.50	42.00	N/A	Australian non-organic apples @ 4.98/kg	38.00
Eumarrah				
Organic Steel Cut Oats 0.25kg @ 6.13	1.52	N/A	Uncle Toby's Rolled Oats 7.78 per kg	1.95
Rice Bran Straws 0.55kg @ 11.37	6.16	N/A	Uncle Toby's Wheat Bran 9.70 per kg	5.35
Organic Cashews 0.45kg @ 28.34	12.60	N/A	Coles Cashews 38.75 per kg	17.45
Pitted Prunes 0.75kg @ 9.46	7.07	N/A	Coles Prunes 10.82 per kg	8.10
Fruit Medley 0.36kg @ 15.14	5.45	N/A	Angas Park Fruit Medley 18.48 per kg	6.65
Churchill Tasmanian Free Range Eggs 2 dozen	11.98	N/A	Valley Brook Tas Free Range Eggs x 2 doz	12.80
TOTAL	44.78			52.30
Italian Pantry				
Divella Penne Pasta 500g	2.55	N/A	Barilla Penne 500g	2.35
Billabong Tomatoes 750g (NSW) 2 @ 2.80	5.60	N/A	Ardmona Tomatoes 750g 2 @ \$3.10	6.20
Pasta Sauce 750g (Jerilderie NSW)	3.40	N/A	Barilla Pasta Sauce 500g Italy	4.35
Fresh Tortellini 600g	6.50	N/A	Latina Fresh Tortellini 625g	6.30
Divelle Fettucine 500g 2 x 2.55	5.10	N/A	Barilla Fettucine 450g 2 x 2.54	5.08
TOTAL	23.15			24.28

ALTERNATIVE SHOP	ALT TOTALS	COLES PRICE SAME ITEM	COLES PRICE SIMILAR ITEM	COLES TOTALS
Moonah No Frills Foodmarket				
Schweppes Soda Water 1.25 x litre 3 @2.40	7.20		6.42	6.42
Morning Fresh Dish Det. 5litres	23.15	N/A	Equivalent in 900 ml bottles	37.85
Viva Paper Towel 3 pack	4.39		5.19	5.19
Multix Greaseproof Roll 30m	2.30	N/A	Coles Greaseproof	2.08
Capri Foil 140 metres	10.49	N/A	Coles Foil 30 metres for 5.00 - equivalent	23.35
Palmolive Handwash 3 x 250ml @ 1.80	5.40 3 x 3.02		9.06	9.06
Country Life Soap Pack	3.00		2.75	2.75
Campbells Chicken Stock 1 litre 2 @ 3.65	7.30 2 @ 4.06		8.12	8.12
Nestle Sweetened Condensed Milk	3.15		2.91	2.91
Bundaberg Caster Sugar 1kg	2.20	N/A	Coles Caster Sugar 1 kg	3.14
Bundaberg Sugar 2kg	3.09	N/A	Coles Sugar 2 kg	3.03
TOTAL	71.67			103.9
Salad Bowl				
Ashgrove Light Milk 2l x 6	28.56		25.68	
Tamar Valley No Fat Yoghurt 500g	3.42		2.99	
Ashgrove Unsalted Butter 250g x 2 @ 3.99	7.98	N/A	Western Star Unsalted 250g x 2	4.60
Ashgrove Cream 300ml	2.34	N/A	Betta Tas Cream 300ml	1.77
Ashgrove Cream 500ml	3.53	N/A	Betta Cream Tas 600ml	2.95
Potatoes Dutch Cream 1.05kg @ 2.99	3.15 4.98/kg		3.65	
TOTAL	48.98		32.32	9.32 41.64
Shiploads				
Kleenex Cottonelle TP 10 x 6 pack @ 2.99 ea	29.90		40.00	40.00
Crystal Cat Litter 1.8kg @3.87 x 10	38.70	Coles Brand 3.6kg@12.99 x 5		
			64.95	64.95
TOTAL	68.60		104.95	104.95
TOTAL	480.53			557.21