



WorkSafe Tasmania Month

30 September – 1 November 2013

www.worksafe.tas.gov.au

*Learn new ways to be safe
and healthy in the workplace*



WorkSafe Month

WorkSafe Tasmania Month is part of a nationwide effort to raise awareness of work health and safety and to reduce work-related injury, illness and deaths.

Each year, workers and employers are encouraged to make safety a priority by attending one of the many free educational seminars and workshops offered around the state.



*Scan QR code to see
what WorkSafe
Month is about*

WorkSafe Month 2013

–What you can expect

After WorkSafe Month 2012, WorkCover Tasmania commissioned independent market research to find out what you thought of the event.

What you told us

Over 600 people across all major industry sectors, business sizes and regions of the state took part in telephone and email surveys and focus group discussions. The research showed a positive response to WorkSafe Month 2012 — 94% of those surveyed thought WorkSafe Month 2012 was equal to if not better than previous years.

People told us these improvements were based on the wide range of relevant and interesting topics we offered, better targeted seminars, a decrease in the 'sales pitch' by presenters and increased access to the various seminars.

Keeping their WHS knowledge up-to-date was the key driver for people participating in the Month — 94% of those surveyed said this was the reason they came to our seminars.

People regard the event as an informative, relevant and interesting program that keeps work health and safety 'on the agenda', for both business and the wider community.

What's on offer

This research showed strong support for WorkSafe Month 2013 seminars that:

- are specific to industry needs and operating requirements
- focus on the new WHS laws, especially the codes of practice

- provide extensive resources you can take back to your workplace
- are scheduled more than once in each region (especially popular ones dealing with the new laws).

For the first time, we'll also be hosting tradeshows in Hobart and Launceston, which is a very exciting development for us and shows just how much WorkSafe Month has grown in its importance.

While there is a strong preference for a 'no sales pitch' from presenters during seminars, there is support for a trade show which showcases the many products that safety and compensation organisations have to offer.

We'll also continue to build local business and community networks to deliver WHS information in small regional areas, and foster personal responsibility and collaboration to ensure a healthy and safe Tasmania.

Key WorkSafe Month dates

WorkSafe Tasmania Month 30 September–1 November

- Hobart events 30 September–4 October and 7–11 October, Wrest Point Casino
- Burnie events 14–18 October, Arts and Function Centre and The Point
- Launceston events 21–25 October and 28 October–1 November, Country Club Casino

Welcome

Hon David O'Byrne MP, Minister for Workplace Relations



More than ever, we are focussing on good work health and safety practices. The introduction of the new laws this year undoubtedly motivated many workplaces to review the way they manage safety, and do all they can so their workers go home safe at the end of each working day. Perhaps you are doing this right now.

If so, WorkSafe Tasmania Month for 2013 is the perfect opportunity for you to learn about, discuss and improve the way you are safe and healthy at work.

There is a wide range of free events covering safety, wellbeing, and injury management. This year there is a strong focus on the new codes of practice that can help you improve the way you 'do' safety at your workplace — regardless of how large or small your workplace is, the industry you work in, or the job you do. You are sure to find something relevant to your workplace needs.

I encourage you to register early and attend these events to learn all you can to take back to your workplace.

This year, WorkSafe Tasmania Month will run from 30 September to 1 November. Hobart and Launceston will each have two weeks of safety activities, and Burnie will have one. There'll also be events on the East Coast, West Coast, King Island and Flinders Island.

Supporting the national Safe Work Australia Week.

Message from the Coordinator

Stephanie Mirowski, WorkSafe Month and Awards Coordinator

This is the third year we have run a month of free events, and each year it gets bigger and more exciting.

This year, Hobart and Launceston will each have two weeks of safety activities, and Burnie will have one. There'll also be events on the East Coast, West Coast, King Island and Flinders Island.

There are over 160 free events covering safety, wellbeing and return to work. Many are specific to industry needs and operating requirements, and focus on the new national codes of practice. Our presenters are providing extensive resources you can take back to your workplace. We thank all our WorkSafe Month presenters for their commitment.

For the first time, we are hosting tradeshows in Hobart and Launceston; an exciting development that gives you even more tools and resources for managing safety in your workplace.

Further highlights are the two free WorkSafe Awards presentations. In Hobart on 4 October, we will announce the 2013 WorkSafe Awards winners and the Overall Winner will be announced in Launceston on 1 November. The Awards will be hosted by local personality Daryl Peebles

and will feature former ironman Guy Leech (Hobart) and beyondblue director Fiona Coote AM (Launceston). Winners from last year's Awards will also participate, to talk about their initiatives one year on.

With all this activity, we hope to match — if not exceed — last year's registrations, which blew out to over 10,000 people. Feedback from those who attended WorkSafe Month 2012 was extremely positive, and we hope to achieve that again in 2013.

We are committed to providing a focused, relevant and engaging WorkSafe Month 2013. We look forward to seeing you around the state.

WorkSafe Month 2013 is an initiative of the WorkCover Tasmania Board.



WorkSafe Month Team

Events

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Sponsorship and Trade Shows

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The quickest and easiest way to register or to get further information is to go to the WorkSafe Tasmania website www.worksafe.tas.gov.au — check individual sessions for details.

Registrations for most events at www.worksafe.tas.gov.au will close one hour before the start of each event.

Please refer to individual sessions for events which have early closing dates of registration.

Events are FREE unless stated otherwise.

Space is limited — book early!

Need assistance?

Call the Helpline on 1300 366 322
or (03) 6233 7657 outside Tasmania,
or email wstinfo@justice.tas.gov.au

The following extras will be available to you when you register and attend an event at Wrest Point Hobart, Country Club Tasmania, Burnie Arts and Function Centre and The Point Burnie.

Certificates of attendance

You will receive a general certificate of attendance when you attend an event.

Continuing Professional Development (CPD) Points

Building practitioners can earn CPD points during WorkSafe Month. Points can be claimed on all WorkSafe Month events. Retain your registration form and/or certificate of attendance to claim points.

Information packs

WorkSafe Month information packs will be available. These will include a pen and note pad and resources on attended sessions.

Refreshments

Coffee and tea will be available at all sessions. Food is provided at selected events. Check individual sessions for details.

Note: Where food is not provided, you will need to make your own arrangements.

For more information go to www.worksafe.tas.gov.au

Attend an event at Wrest Point Hobart, Country Club Tasmania, Burnie Arts and Function Centre or The Point Burnie to be in the running.

WorkSafe Month major prize

Win a Couples' Escape package at Country Club Tasmania:

- One night's accommodation in a Manor suite
- Breakfast for two in Links Restaurant
- A bottle of sparkling wine on arrival
- 18 holes of golf and a 30 minute massage
- Meal voucher for Terrace Restaurant.

Major prize sponsor



The major accommodation prize will be drawn the week after WorkSafe Month ends. You must attend an event at Wrest Point Hobart, Country Club Tasmania, Burnie Arts and Function Centre or The Point Burnie to be in the running.

WorkSafe Awards presentation lucky door prizes

Hobart presentation lucky door prize: Attend to be in the draw to win two 2014 the Hobart presentation AFL Grand Final tickets

Launceston presentation lucky door prize: Attend to win a Mac Book Pro

iPod event prizes

iPod lucky door prizes will be drawn at random during events at Wrest Point Hobart, Country Club Tasmania, Burnie Arts and Function Centre and The Point Burnie each week during WorkSafe Month.

Register online to attend these events at www.worksafe.tas.gov.au

For full terms and conditions go to the WorkSafe Tasmania website at www.worksafe.tas.gov.au

Wrest Point Hotel Casino

**410 Sandy Bay Rd,
Sandy Bay**

Country Club Tasmania

**Country Club Ave,
Prospect Vale**

Burnie Arts And Function Centre

**77-79 Wilmot St,
Burnie**

The Point

**West Park Oval,
Burnie**

Contents

Work Health and Safety

AS 3012 Electrical Installations: Construction & demolition sites	8	Get in on the Act!	11
Benefits & risks associated with safety management software	8	Grange Resources safety event (closed event)	11
Better Work Tasmania	8	Hazardous manual tasks: What does the code of practice require?	11
Bullying: What it is, what it isn't & what to do about it	8	Health & safety representatives conference	12
Carbon monoxide & domestic gas heating appliances	8	How to manage & control asbestos in the workplace	12
Case studies on the need to reduce electromagnetic field exposures in the built environment	9	How to manage WHS risks code of practice	12
Circular Head Council	9	How to survive an audit: Simple steps to safe systems at work	12
CMT safety week (closed event)	9	Implementing a WHS management system: AS 4801	13
Communicate! Strategies for effective communication in today's diverse workplaces	9	Keeping workers safe at work: increasing dilemma for businesses	13
Devonport City Council (closed events)	9	King Island Chamber of Commerce breakfast	13
Directors' responsibilities & accountabilities for WHS	9	Launceston General Hospital: WHS & wellbeing open day/trade expo	13
East Coast safety events	10	Managers supporting workplace support/contact officers	13
Eliminating workplace incidents: Learning from case studies	10	Managing alcohol & other drugs in the workplace	13
Enforceable undertakings	10	Managing the work environment & facilities	14
Eye protection required beyond this point	10	Master Builders Association tradeshows	14
Federal Group Cradle Mountain Chateau (closed event)	11	Minerals and Metals Group Rosebery (closed event)	14
Federal Group West Coast Safety Meeting (closed event)	11	Prosecutions: Lessons learnt	14
First aid in the workplace	11	Quad bike & tractor training	14
Flinders Island community meeting	11	Quad bike safety	15
		Quarry safety	15
		Safe driving	15

Contents

SafeSpine	15	Health and Wellbeing	
Safety around vehicles in the extractive & pre-mixed concrete industries	15	Ageing workforce: Are you prepared? An integrated wellbeing, health & safety approach	22
Safety management for small business	16	Beach to Bay/Strahan: Walk it, skip it, run it: Fun run/walk along Strahan Foreshore	22
Safety management plans	16	Become stroke safe	22
Tasmanian Health Organisation–North West: Keep safe, get healthy weeks	16	Bocce team challenge	22
Underground mines safety	16	Executive golf day	23
Using humour as a coping mechanism	16	Fit for work	23
Waratah–Wynyard Council	16	Health & wellbeing champions training	23
West Coast Council(closed event)	16	Help yourself to better health	23
WHS consultation, cooperation & coordination: A practical guide	17	How well are you & your organisation?	23
Workplace bullying conference	17	Humour lightens the load: Using humour for workplace stress	24
Work related driver safety	17	Mental health expo	24
2013 WorkSafe Tasmania Awards presentations	17	Respectful behaviours in the workplace	24
Injury Management and Return to Work		Sitting at work: Why it's dangerous & what you can do	24
Common workplace injuries, best practise injury management & implications for return to work	20	Sleep & workplace health & wellbeing	24
IMC open networking event	20	Weighing it up: Healthy eating, fad diets & how to tell the difference	25
New initiatives to support WorkCover-accredited medical practitioners	20	Wellbeing at work	25
Operation & performance of the Tasmanian workers compensation scheme	21	Why your organisation needs employee assistance programs	25
Strategic workers compensation management	21	Workplace leadership: Living well is leading well	25
WorkSafe's new information management system	21		

Work Health and Safety

AS 3012 Electrical Installations: Construction & demolition sites

Presented by:

Unions Tasmania: Kevin Harkins, Secretary

Who should attend:

Senior managers, supervisors, health and safety representatives, WHS committee members, workers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 2 Oct, 3-5pm

Burnie The Point, MMG-GHD function room. Tues 15 Oct, 3-5pm

Launceston Country Club, Tasman Room. Thurs 31 Oct, 3-5pm

Registration: www.worksafe.tas.gov.au

This Q&A-style seminar gives you the opportunity to ask Kevin your questions about this Australian Standard, which sets the requirements for the electrical safety of installations that are used to provide electrical power for construction and demolition work.

Benefits & risks associated with safety management software

Presented by:

Netsight: Adrian Manassis, Director

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, injury management coordinators, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 10.30-11.30am

Launceston Country Club, Tasman Room. Fri 1 Nov, 10.30-11.30am

Registration: www.worksafe.tas.gov.au

This seminar explores the risks and benefits of implementing safety software systems. It will help you understand what safety systems are, what they can do, and the traps associated with them.

Better Work Tasmania

Presented by:

WorkSafe: Pamela Atkinson, Senior WHS Consultant

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 30 Sept, 9-10.30am

Launceston Country Club, Ballroom.
Mon 28 Oct, 9-10.30am

Registration: www.worksafe.tas.gov.au

This seminar provides an update on the progress of the prototype program for Better Work Tasmania, including its work on ageing workforce issues and WHS inductions. It explains the concepts underpinning a state strategy for WHS.

Bullying: What it is, what it isn't & what to do about it

Presented by:

The Office of the Anti-Discrimination Commissioner: Roz Smart, Senior Training, Education & Development Officer

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 1 Oct, 2-5pm

Burnie Arts and Function Centre, Braddon Hall. Tues 15 Oct, 9am-12pm

Launceston Country Club, Ballroom.
Tues 29 Oct, 10.30am-1.30pm

Registration: www.worksafe.tas.gov.au

This seminar includes an overview of bullying and legislation; the importance of language (inappropriate behaviour vs bullying); what bullying looks like and why people bully; the effects of bullying for the individual and the organisation; and options, principles and tools for effectively preventing and responding to bullying behaviour. It includes a scenario activity.

Carbon monoxide & domestic gas heating appliances

Presented by:

WorkSafe Tasmania: Scott Crerar, Inspector

Who should attend:

Gasfitters and gas industry stakeholders

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 30 Oct, 3-4pm

Burnie Arts and Function Centre, Bass/Flinders Room. Thurs 17 Oct, 12-1pm

Launceston Country Club, Tasman Room. Fri 1 Nov, 9-10am

Registration: www.worksafe.tas.gov.au

This practical and interactive seminar shows gasfitters how to recognise dangerous gas appliances and potentially dangerous installations of domestic gas heating appliances.

Work Health and Safety

Case studies on the need to reduce electromagnetic field exposures in the built environment

Presented by:

EMFacts Consultancy: Donald Maisch, author/consultant on electromagnetic health issues

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 30 Sept, 11am-1pm

Burnie Arts and Function Centre
Braddon Hall. Wed 16 Oct, 12.30-2.30pm

Launceston Country Club, Ballroom.
Tues 22 Oct, 1.30-3.30pm

Registration: www.worksafe.tas.gov.au

This seminar explores cases of ill-health apparently connected to exposure to excessive electromagnetic fields. It enables you to be aware of situations where a health hazard may exist, and provides tools to be able to advise or take direct action to reduce or eliminate identified risks, and assess whether or not these actions have had a positive effect.

Circular Head Council

Circular Head Council is hosting seminars for its workers and the community. For more information call Garry Thorp, Health and Safety Officer on 6452 4862.

CMT safety week (closed event)

Copper Mines Tasmania will hold a week of safety (21-26 Oct) for its workers only. For information call Phill Kemp, Occupational Health and Safety Manager on 0409 491 197.

Communicate! Strategies for effective communication in today's diverse workplaces

Presented by:

TasTAFE (Tasmanian Polytechnic): Anna Kingston, Migrant Education Teacher & Educational Counsellor

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 9 Oct, 9-10.30am

Burnie Arts and Function Centre, Bass/Flinders Room. Thurs 17 Oct, 3-4.30pm

Launceston Country Club, Tasman Room. Thurs 31 Oct, 9-10.30am

Registration: www.worksafe.tas.gov.au

This seminar provides strategies for communicating effectively with workers who are not yet fluent in English, and focusses on improving work health, safety and wellbeing. It showcases TasTAFE's website, developed to demonstrate strategies for effective workplace communications.

Devonport City Council (closed events)

Devonport City Council is hosting a month of safety and wellbeing events for its workers only. These include safety quizzes, breakfast, and training seminars on safe driving, manual handling and first aid. For information call Karen Stone, Risk Management Coordinator on 6424 0570.

Directors' responsibilities & accountabilities for WHS

Presented by:

Hosted by the Tasmanian Chamber of Commerce and Industry: Emeritus Professor Jim Galvin (Galvin & Associates); panel speakers (see below)

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, WHS professionals, directors, regulators

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 2 Oct, 9.30-11.30am

Hobart Wrest Point, Derwent Room.
Tues 10 Oct, 9.30-11.30am

Burnie Arts and Function Centre, Braddon Hall. Thurs 17 Oct, 9.30-11.30am

Launceston Country Club, Ballroom.
Thurs 24 Oct, 9.30-11.30am

Work Health and Safety

Registration: www.worksafe.tas.gov.au

This seminar features internationally recognised risk analysis/management expert Emeritus Professor Jim Galvin. Jim presents two case studies involving fatal workplace incidents and the subsequent court findings (one a royal commission) to illustrate the responsibilities of directors for WHS and the accountabilities of directors to provide leadership and strategic direction in WHS. These form the basis for discussion on ensuring that effective systems have been developed and implemented to manage WHS. Jim will then be joined by representatives from TCCI, Unions Tasmania, WorkSafe Tasmania and industry representatives for a panel discussion.

East Coast safety events

Business Enterprise Centre is running safety seminars for small business on the East Coast. WorkSafe Health & Safety Consultant Phill John will speak on the new laws. St Helens: Fri 4 and Sat 5 Oct. Bicheno: Fri 11 and Sat 12 Oct. For information and to register, call the Business Enterprise Centre on 6376 2044.

Eliminating workplace incidents: Learning from case studies

Presented by:

Hosted by the Tasmanian Chamber of Commerce and Industry: Emeritus Professor Jim Galvin (Galvin & Associates); panel speakers (see below)

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 2 Oct, 12.30-2.30pm

Hobart Wrest Point, Derwent Room.
Thurs 10 Oct, 12.30-2.30pm

Burnie Arts and Function Centre,
Braddon Hall. Thurs 17 Oct, 12.30-2.30pm

Launceston Country Club, Ballroom.
Thurs 24 Oct, 12.30-2.30pm

Registration: www.worksafe.tas.gov.au

This seminar features internationally recognised risk analysis/management expert Emeritus Professor Jim Galvin. Jim presents case studies from a broad range of industries to illustrate the types of incidents that can occur in workplaces and the circumstances that give rise to them. These form the basis for discussing how to identify the root cause of incidents, who is responsible for preventing them, and how this can be achieved. Jim will then be joined by representatives from TCCI, Unions Tasmania, WorkSafe Tasmania and industry representatives for a panel discussion.

Enforceable undertakings

Presented by:

WorkSafe Tasmania: Neale Buchanan,
Director Operations

Who should attend:

Human resources personnel, WHS managers and anyone interested in the processes of the WHS regulator

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 9-10am

Hobart Wrest Point, Derwent Room.
Wed 9 Oct, 1.30-2.30pm

Burnie, Burnie arts and Function Centre, Braddon Hall. Wed 16 Oct, 9-10am

Launceston Country Club, Ballroom.
Mon 21 Oct, 1-2pm

Registration: www.worksafe.tas.gov.au

This seminar examines the legislation around enforceable undertakings, which are widely used in some jurisdictions as an alternative to prosecutions and are an option under the new laws. You'll learn the processes the regulator uses in deciding whether to accept these in lieu of prosecutions (it is expected that there may be an increase in requests for these, as penalties are higher under the new laws).

Eye protection required beyond this point

Presented by:

Optometrists: Diane Jones, William Howe and Russell Todd, Optometrists

Who should attend:

Senior managers, supervisors, health and safety representatives, WHS committee members, workers, injury management coordinators, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 10.30-11.15am

Burnie Arts and Function Centre, Bass/Flinders Room. Thurs 17 Oct, 1.30-2.15pm

Launceston Country Club, Tasman Room. Thurs 24 Oct, 12-12.45pm

Registration: www.worksafe.tas.gov.au

This seminar provides a practical framework for assessing your workplace for eye safety hazards. It discusses personal protective equipment and associated Australian Standards. You'll hear the bottom-line implications of eye safety, and be able to arrange experienced optometrists to visit your workplace. It discusses the implications of the new laws.

Work Health and Safety

Federal Group Cradle Mountain Chateau (closed event)

Federal Group Cradle Mountain Chateau will hold its monthly WHS committee meeting on 10 September, for its workers only. WorkSafe Health & Safety Consultant Phill John will participate. For information call Greg Astell, General Manager on 6492 1404.

Federal Group West Coast Safety Meeting (closed event)

Federal Group West Coast will incorporate its monthly WHS committee meeting with its monthly existing and new staff induction training, for its workers only. It will include fire safety and evacuation awareness for Strahan Village and Gordon River Cruises, overview of the spot the hazard program, refresher on WHS policies and procedures and injury management procedure. WorkSafe Health & Safety Consultant Phill John will participate. For information call Celia Stone, Executive Assistant Federal Group West Coast on 6471 4302.

First aid in the workplace

Presented by:

St John Ambulance Australia, Tasmania: Sanyi Szauber, EN

Who should attend:

Senior managers, supervisors, officers, health and safety representatives, WHS committee members, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 12-2pm

Burnie The Point, MMG-GHD function room. Tues 15 Oct, 12.30-2.30pm

Launceston Country Club, Show Room.
Thurs 31 Oct, 12.30-2.30pm

Registration: www.worksafe.tas.gov.au

This interactive seminar explains the first aid requirements under the Act and the First Aid in the Workplace Code of Practice. You'll do practical exercises to help you make your workplace compliant.

Flinders Island community meeting

Presented by:

Flinders Island Council

Who should attend:

Interested members of the public

Locations and times:

Flinders Island: Thurs 17 Oct; further details when you register

Registration:

Flinders Council: Shane Walsh, Safety Officer: 6359 5007, 0428 593 801 or shane.walsh@flinders.tas.gov.au

This community meeting includes a presentation by WorkSafe Health & Safety Consultant Phill John on the new laws and volunteer safety.

Get in on the Act!

Presented by:

The Office of the Anti-Discrimination Commissioner: Robin Banks, the Anti-Discrimination Commissioner

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 7 Oct, 9-11am

Burnie Arts and Function Centre, Braddon Hall. Tues 15 Oct, 12.30-2.30pm

Launceston Country Club, Tasman Room. Thurs 31 Oct, 12.30-2.30pm

Registration: www.worksafe.tas.gov.au

This seminar explains the often misunderstood and misrepresented Anti-Discrimination Act 1998, the role of the Office of the Anti-Discrimination Commissioner, an overview of complaint trends and the complaint process, and people's rights and responsibilities under this Act.

Grange Resources safety event (closed event)

Grange Resources will hold seminars for its workers and contractors only on risk management in the mining industry. You will learn techniques and tools that will help you address your responsibilities and any associated risks you are likely to encounter in large and small business as a manager, contractor, or worker. For information call John Fox, OHS & Training Manager on 6446 3512 or 0477 170 037.

Hazardous manual tasks: What does the code of practice require?

Presented by:

Injury Prevention & Management: Kirby Dillon, Injury Management Consultant & Exercise Physiologist; Michael Roberts, Director IPM & Occupational Physiotherapist

Who should attend:

Senior managers, supervisors, health and safety representatives, WHS professionals, and those who need to assess and control manual handling risks in the workplace

Work Health and Safety

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 7 Oct, 11.30am-1pm

Burnie The Point, MMG-GHD function room. Mon 14 Oct, 2-3.30pm

Launceston Country Club, Ballroom.
Tues 22 Oct, 9-10.30am

Registration: www.worksafe.tas.gov.au

This interactive workshop explains the Hazardous Manual Tasks Code of Practice. You'll work through an example of a manual task and be given tools to determine if the task is hazardous, assess its risk level, identify control measures, and review the effectiveness of these controls.

Health & safety representatives conference

Presented by:

Unions Tasmania in conjunction with WorkSafe Tasmania

Who should attend:

Health and safety representatives

Locations and times:

Hobart Wrest Point, Show Room.
Mon 30 Sept, Registration 8.30am,
Conference 9am-4pm

Launceston Country Club, Ballroom.
Fri 25 Oct, Registration 8.30am,
Conference 9am-4pm

Registration: www.worksafe.tas.gov.au

This year's conference focusses on modern technology and WHS hazards; psychosocial hazards, including work/life balance; and HSR networking and information sharing.

How to manage & control asbestos in the workplace

Presented by:

Injury Prevention & Management:
Martyn Bradfield, Managing Director & Principal Consultant & Trainer; Richard Jackson, Occupational Hygienist

Who should attend:

Senior managers, supervisors, health and safety representatives, WHS committee members, WHS professionals, and those who need to manage asbestos in the workplace

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 1 Oct, 9-10.30am

Burnie Arts and Function Centre, Braddon Hall. Thurs 17 Oct, 3-4.30pm

Launceston Country Club, Ballroom.
Mon 21 Oct, 9-10.30am

Registration: www.worksafe.tas.gov.au

This seminar explains the How to Manage and Control Asbestos in the Workplace Code of Practice and how it compares to previous guidance. You'll learn what the key issues and risks are with asbestos and asbestos management. You'll also learn what you need to focus on when asbestos is being removed in your workplace.

How to manage WHS risks code of practice

Presented by:

Injury Prevention & Management:
Andrew McGowan, Senior WHS Consultant & Trainer; Martyn Bradfield, Managing Director and Principal Consultant & Trainer

Who should attend:

Senior managers, supervisors, health and safety representatives, WHS committee members, WHS professionals, and those who need to manage WHS risks in the workplace

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 9 Oct, 9-10.30am

Burnie The Point, MMG-GHD function room. Mon 14 Oct, 9-10.30am

Launceston Country Club, Ballroom.
Mon 21 Oct, 11am-12.30pm

Registration: www.worksafe.tas.gov.au

This workshop explains the How to Manage Work Health and Safety Risks Code of Practice and how it compares to previous guidance. It reviews hazard and risk registers, what the key differences are, and how they can add value to your workplace. It addresses how to manage work health and safety risks. It reviews how Job Safety Analysis (JSAs) and Safe Work Method Statements (SWMS) need to be used, some of the pitfalls, and how they can add value and make your work safer.

How to survive an audit: Simple steps to safe systems at work

Presented by:

Master Builders Association

Who should attend:

Senior managers, officers, health and safety representatives, WHS committee members, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 30 Oct, 4.30-6.30pm

Burnie The Point, MMG-GHD function room. Mon 16 Oct, 4.30-6.30pm

Launceston Country Club, Ballroom.
Mon 28 Oct, 4.30-6.30pm

Registration: www.worksafe.tas.gov.au

This seminar explains how to survive a building safety audit, including simple steps to ensure you have safe systems in your workplace. If you attend this seminar, we recommend you also attend 'Safety management plans'.

Work Health and Safety

Implementing a WHS management system: AS 4801

Presented by:

Australian Audit & Compliance: Alyce Jordan, Principal Auditor

Who should attend:

Senior managers, supervisors, officers, health and safety representatives, WHS committee members, WHS professionals,

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 7 Oct, 11.30am-1pm

Launceston Country Club, Ballroom.
Mon 28 Oct, 11am-12.30pm

Registration: www.worksafe.tas.gov.au

This seminar is designed for organisations that are not currently certified to AS 4801 requirements but are interested in achieving this benchmark. It provides a basic understanding of the requirements and the process involved for certification. It covers planning, implementing, monitoring, reviewing and improving a WHS management system.

Keeping workers safe at work: The increasing dilemma for businesses

Presented by:

Cazaly Sports Health: Rick Cazaly, Director, partnered with the Hobart Chamber of Commerce

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 2 Oct, 12.30-2pm

Launceston Country Club, Tasman Room.
Mon 21 Oct, 11am-12.30pm

Registration: www.worksafe.tas.gov.au

This seminar covers the principles of metabolic status, functional capacity and psycho-social attributes that affect our health and wellbeing, and therefore our safety at work. It will use Tasmanian case studies and provide a practical framework for workplaces to improve workers' health and quality of life, and therefore business productivity and return to work outcomes.

King Island Chamber of Commerce breakfast

Presented by:

King Island Chamber of Commerce and WorkSafe Tasmania

Who should attend:

All King Island businesses

Locations and times:

King Island: Mon 14 Oct. King Island Club, 7am. Further details when you register

Registration:

King Island Chamber of Commerce: Michelle Mauric, Kirdo/OAC Coordinator: 64621778 or kingislandnet@internode.on.net

This breakfast seminar includes WorkSafe Health & Safety Consultant Phill John on the new laws, and networking opportunities.

Launceston General Hospital: WHS & wellbeing open day/trade expo

The THO-North Work Health Safety and Wellbeing committee will hold an open day/trade expo for its workers, contractors, patients and visitors on Friday 16 Oct (9am-2.30pm).

The day will feature equipment demonstrations, including fire extinguishers and manual handling aids. Trade suppliers and WorkSafe officers will be attending. There will also be WHS and wellbeing competitions (open to staff only).

Managers supporting workplace support/contact officers

presented by:

The Office of the Anti-Discrimination Commissioner: Roz Smart, Senior Training, Education & Development Officer

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room. Fri 11 Oct, 12.30-1.30pm

Burnie Arts and Function Centre, Brass/Flinders Room. Thurs 17 Oct, 9-10am

Launceston Country Club, Tasman Room. Thurs 31 Oct, 11am-12pm

Registration: www.worksafe.tas.gov.au

This seminar explains the role of workplace support/contact officers (WSCOs): how they can make managers' jobs easier and workplaces better, by being a support/information resource to managers and PCBUs for bullying, harassment and discrimination and providing information on managing inappropriate workplace situations. It will help managers and PCBUs understand the WCSO role, and appoint and train them.

Managing alcohol & other drugs in the workplace

Presented by:

Integrity Sampling (Tas) Pty Ltd: Colin Thomas, Managing Director; Rick Shadbolt, Chief Executive

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, injury management coordinators, licensed insurers, self insurers, WHS professionals

Work Health and Safety

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 7 Oct, 9-11am

Burnie Arts and Function Centre,
Braddon Hall. Tues 15 Oct, 3-5pm

Launceston Country Club, Showroom.
Thurs 31 Oct, 3-5pm

Registration: www.worksafe.tas.gov.au

This seminar details the relevant sections of the WHS laws, current statistics on alcohol and other drug use, the need for workable policy and procedures, and the key aspects of a successful drug and alcohol management program.

Managing the work environment & facilities

Presented by:

Injury Prevention & Management:
Michael Roberts, Director IPM &
Occupational Physiotherapist; Oliver
Bodak, WHS Consultant & Exercise
Physiologist

Who should attend:

Senior managers, supervisors, and those responsible for providing and maintaining workplace facilities and work sites

Locations and times:

Hobart Wrest Point, Derwent Room. Fri
11 Oct, 10.30am-12pm

Burnie The Point, MMG-GHD function
room. Tues 15 Oct, 10.30am-12pm

Launceston Country Club, Ballroom.
Mon 28 Oct, 1-2.30pm

Registration: www.worksafe.tas.gov.au

This workshop explains the Managing the Work Environment and Facilities Code of Practice. You'll learn how to apply the guidance of the code and identify what facilities are needed, whether your workplace is permanent, mobile, temporary or remote.

Master Builders Association tradeshows

The Master Builders Association of Tasmania will be holding regional tradeshows in September to give those in the construction industry the chance to talk with suppliers, see what new and innovative products are available, and learn about current market trends.

WorkSafe Tasmania will be exhibiting, so for those who aren't able to attend a WorkSafe Month event, or who want to talk to a WorkSafe Advisor about what your business can do and what resources are available, come along to a Master Builders Association tradeshow.

Hobart Tattersall's Park Function Centre (Elwick Raceway), Goodwood Rd Glenorchy. Tues 17 Sept, 4-8pm

Burnie Arts & Function Centre, Wilmot St. Wed 18 Sept, 4-8pm

Launceston Tailrace Centre, 1 Waterfront Dve, Riverside. Thurs 19 Sept, 4-8pm

For information, call the Master Builders Association on 6210 2000 or go to www.mbatas.org.au

Minerals and Metals Group Rosebery (closed event)

MMG Rosebery will hold an underground safety meeting during WorkSafe Month for its workers only. This meeting will include a presentation by WorkSafe Health & Safety Consultant Phill John on incident prevention and investigation. For information call Colin Atkinson, Safety and Training Coordinator, on 6473 2226.

Prosecutions: Lessons learnt

Presented by:

WorkSafe Tasmania: Neale Buchanan,
Director Operations

Who should attend:

Human resources personnel, WHS managers and anyone interested in the processes of the WHS regulator

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 1 Oct, 12.30-1.30pm

Hobart Wrest Point, Derwent Room. Fri
11 Oct, 9-10am

Burnie The Point, MMG-GHD function
room. Tues 15 Oct, 9-10am

Launceston Country Club, Ballroom.
Tues 29 Oct, 9-10am

Registration: www.worksafe.tas.gov.au

This seminar summarises recent prosecutions in Tasmania and other states, drawing out key lessons. It is expected there will be a greater interest in prosecutions under the new laws as the penalties are much higher; while there have been no proceedings yet launched under the new laws, the principles applied by the courts under the previous laws are still relevant (especially the test of what was 'reasonably practicable').

Quad bike & tractor training

Presented by:

GP Workplace Training and supported
by WorkSafe Tasmania

Who should attend:

Quad bike and tractor operators

Locations and times:

Flinders Island: Tues 15 Oct, 8.30am-
3pm. Eight spaces available only.
Further details when you register

King Island: Thurs 17 Oct, 8.30am-
3pm. Eight spaces available only.
Further details when you register

Cost:

\$140.00 GST not applicable (50%
subsidy)

Work Health and Safety

Registration: www.worksafe.tas.gov.au

For information: GP Workplace Training & Consultation: Peter Stafford, Head Trainer & Consultant, 0487 770 191 or jkp.stafford@gmail.com

Flinders Council: Shane Walsh, Safety Officer, 6359 5007, 0428 593 801 or shane.walsh@flinders.tas.gov.au

This practical day-long course equips people operating quad bikes with the knowledge, skill and attitude to do so in a safe and efficient manner. You must use your own quad bike (in safe working condition) and must wear an approved motorcycle helmet, gloves and eye protection, a long-sleeved shirt, long trousers and sturdy boots. The trainer will provide you with a certificate of attendance, which will note the training objectives completed. You will also complete an evaluation, questionnaire and assessment/appraisal tools to support the training.

Quad bike safety

Presented by:

Driver Safety Services: Graham Lawrence, General Manager

Who should attend:

Quad bike operators

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 9 Oct, 11am-1pm

Burnie Arts and Function Centre,
Braddon Hall. Fri 18 Oct, 9-11am

Launceston Country Club, Ballroom.
Tues 22 Oct, 11am-1pm

Registration: www.worksafe.tas.gov.au

This seminar covers risk management, understanding safe work practices for quad bikes, understanding operating instructions, and using personal protective equipment. It includes Q&A discussion with quad bike suppliers and industry representatives.

Quarry safety

Presented by:

Hosted by WorkSafe Tasmania: WorkSafe Tasmania Mines and Dangerous Substances Inspectors; Wayne Newitt from Explosive Engineering Australia; representatives from explosives company Maxam

Who should attend:

Quarry operators/staff, those working in the explosives industry

Locations and times:

Devonport, Stoney Rise Government Centre, Rundle Road. Tues Oct 29, 9.30am-4pm

Registration: www.worksafe.tas.gov.au

This seminar covers bore tracking, face profiling and general blast design; and lessons learnt from a recent quarry blast incident near Bicheno (featuring an injured worker).

Safe driving

Presented by:

Driver Training Hobart: Mark Rowley, Manager & Driving Instructor

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, WHS professionals, supervisory drivers, learner and provisional drivers

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 2.30-5pm

Registration: www.worksafe.tas.gov.au

This seminar promotes safe driving habits. It explains how to enjoy driving and be a safe driver, and how to avoid an incident.

SafeSpine

Presented by:

Onsite Health Solutions: Anna Mangold, Physiologist; Laura Mitchell, Occupational Therapist; Lotta Whitfield, Workplace Health Consultant

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, injury management coordinators, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 9-10am

Registration: www.worksafe.tas.gov.au

This seminar explains how you can reduce the incidence and severity of soft tissue injuries. You'll learn practical tools for preventing these injuries.

Safety around vehicles in the extractive & pre-mixed concrete industries

Presented by:

Cement, Concrete & Aggregates Australia (CCA); Institute of Quarrying Australia (IQA)

Who should attend:

Anyone who manages, engages, supervises or works in an industrial setting, particularly in the resources/civil construction industries

Locations and times:

Hobart: Magistrates Court, 23-25 Liverpool St. Fri 18 Oct, 12-3:30pm.
Light lunch provided

Cost:

\$125 plus GST

Work Health and Safety

Registration:

CCAA: email: barry.williams@ccaa.com.au or go to www.ccaa.com.au

This seminar includes a mock court scenario to give you a taste of what real court proceedings are like. Experienced lawyers from The Brief Group play the role of prosecutor and defence lawyer, and you'll play the manager, witness or injured party.

Safety management for small business

Presented by:

Central Coast Council: Marjorie Fitzgerald, HR Systems Officer; Doug Scarfe, Works Safety Officer

Who should attend:

Senior managers, workers

Locations and times:

Burnie Arts and Function Centre, Braddon Hall. Wed 16 Oct, 10.30am-12pm

Registration: www.worksafe.tas.gov.au

This seminar provides small businesses with examples and ideas to enable them to improve their safety management. It encourages you to think about your safety and speak out about issues that may affect you at work. The new codes of practice will be discussed, and WorkSafe Health & Safety Consultant Phill John will join the Q&A part.

Safety management plans

Presented by:

Master Builders Association

Who should attend:

Senior managers, officers, health and safety representatives, WHS committee members, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room. Mon 7 Oct, 4-6pm

Hobart Wrest Point, Derwent Room. Thurs 10 Oct, 4-6pm

Launceston Country Club Ballroom. Tues 29 Oct, 4-6pm

Registration: www.worksafe.tas.gov.au

This seminar explains what makes a good safety management system. If you attend this seminar, we recommend you also attend 'How to survive an audit'.

Tasmanian Health Organisation–North West: Keep safe, get healthy weeks

The THO–North West is hosting events at the North West Regional Hospital (7-11 Oct) and Mersey Community Hospital (21-25 Oct) for its workers, contractors and patients, to participate in activities that highlight work health, safety and wellbeing. For information call Samantha Forrest, Work Health and Safety Coordinator, 0429 388 243 or 6430 6574.

Underground mines safety

Presented by:

WorkSafe Tasmania: Mines and Dangerous Substances Inspectors; representatives from mining companies

Who should attend:

Those working in the mining industry (including contractors) and explosives companies

Locations and times:

Zeehan, Zeehan Golf Club, Fowler St. Tues Oct 22, 9.30am-4pm

Registration: www.worksafe.tas.gov.au

This seminar covers incidents that mining companies have dealt with and the lessons learnt from these; how mining companies are managing surface dust and silica; seismic activity in mines and recent upgrades to static and dynamic ground support; and issues arising from principal mining hazard management plans.

Using humour as a coping mechanism

Presented by:

Dept of Economic Development: Daryl Peebles, Senior Communications Consultant

Who should attend:

Senior managers, supervisors, human resources personnel, health and safety representatives, WHS committee members, workers, workplace rehabilitation providers, medical practitioners, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room. Wed 2 Oct, 2.30-3.30pm

Registration: www.worksafe.tas.gov.au

This seminar explores the relationship between appropriate humour in the workplace and hope, confidence, resilience and optimism — psychological capital which enhances productivity.

Waratah–Wynyard Council

Waratah–Wynyard Council is hosting seminars for its workers and the community. For information call Garry Thorp, Health and Safety Officer on 6452 4862.

West Coast Council (closed event)

West Coast Council will hold a week of safety events, 7-11 Oct for its staff only. For information call Christine Gray on 6471 4710.

Work Health and Safety

WHS consultation, cooperation & coordination: A practical guide

Presented by:

Injury Prevention & Management: Michael Roberts, Director IPM & Occupational Physiotherapist; Oliver Bodak, WHS Consultant & Exercise Physiologist

Who should attend:

Senior managers, supervisors, officers, health and safety representatives, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 1 Oct, 2-3.30pm

Launceston Country Club, Ballroom.
Tues 29 Oct, Ballroom, 2-3.30pm

Registration: www.worksafe.tas.gov.au

This workshop explains the Work Health and Safety Consultation, Cooperation and Coordination Code of Practice. You'll learn the importance of consultation, what makes effective consultation, and when and how to consult.

Workplace bullying conference

Presented by:

Hosted by WorkSafe: Brad Parker and Neale Buchanan, WorkSafe Tasmania; Roz Smart, Office of the Anti-Discrimination Commissioner; panel speakers (see below)

Who should attend:

Senior managers, human resources personnel, health and safety representatives, workplace behavioural contact officers, support groups and workers who want to learn more about workplace bullying in Tasmania

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 8 Oct, 9am-4pm

Burnie The Point, MMG-GHD function room. Wed 16 Oct, 9am-4pm

Launceston Country Club, Showroom.
Wed 30 Oct, 9am-4pm

Registration: www.worksafe.tas.gov.au

Registration closing date: 10 October
This day-long conference outlines the findings of a recent Tasmanian survey into workplace bullying, the WorkCover Tasmania Board's proposed strategy for dealing with workplace bullying, national initiatives, and the national Code of Practice on Preventing and Responding to Workplace Bullying and its relevance to Tasmanian workplace. It provides practical guidance on managing workplace bullying complaints in your workplace. It includes a panel discussion with Bob Gozzi, Tasmanian Chamber of Commerce and Industry; Kevin Harkins, Unions Tasmania; Robin Banks, Office of the Anti-Discrimination Commissioner; Neale Buchanan, WorkSafe.

Work related driver safety

Presented by:

MotorSafe Tasmania: Peter Stafford, Trainer

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 7 Oct, 4-5.30pm

Burnie Arts and Function Centre, Bass/Flinders Room. Fri 18 Oct, 2-3.30pm

Launceston Country Club, Tasman Room. Mon 21 Oct, 9-10.30am

Registration: www.worksafe.tas.gov.au

This seminar emphasises a total policy approach to safe driving: having a policy in place that covers vehicle choice and maintenance, training, incident reporting, problem correction and ongoing training.

2013 WorkSafe Tasmania Awards presentations

Locations and times:

Hobart Wrest Point, Plenary Room. Fri 4 Oct, 3-5pm

Launceston Country Club, Show Room.
Fri 1 Nov, 3-4pm

Registration: www.worksafe.tas.gov.au

The 2013 WorkSafe Awards are set to be our biggest celebration ever! This year attendance is free — that means everyone has the chance to meet and applaud the amazing people whose ideas, initiatives and innovations make Tasmania a safer place to work. The 2013 WorkSafe Awards winners will be announced in Hobart and the 2013 Overall WorkSafe Tasmania Awards Winner will be announced in Launceston. After the presentations you are invited to join the winners, finalists, judges and other attendees for a complimentary networking drink.

2013 WorkSafe Tasmania Awards presentations



Be celebrated!

Be rewarded!

Be inspired!

Be motivated!

Be involved!

Hobart Awards presentation

- **Be celebrated** and applaud the 2013 WorkSafe Tasmania Awards winners
- **Be inspired** by Bupa Ambassador and Guy Leech, former Australian Ironman surf lifesaving champion
- **Be motivated:** hear from some of the 2012 WorkSafe Tasmania Awards winners about their initiatives 12 months on
- **Be involved:** enjoy a complimentary drink after the Awards presentation and meet the winners, finalists, judges and other Awards attendees
- **Master of Ceremonies:** Daryl Peebles (pictured)

Friday 4 October 3–5pm

Wrest Point Hobart, Plenary Hall

Cost: Free

Register at www.worksafe.tas.gov.au

Hobart presentation lucky door prize: Attend to be in the draw to win two 2014 the Hobart presentation AFL Grand Final tickets

 No idea is too small

The 2013 Awards are set to be our biggest celebration ever!

The WorkSafe Tasmania Awards recognise and reward Tasmanian businesses and individuals who are leading the way in work health and safety.

This year attendance is free — that means everyone has the chance to meet and applaud the amazing people whose ideas, initiatives and innovations

make Tasmania a safer place to work.

Don't forget entry in the WorkSafe Awards is open year round. If you've come up with a way to make your workplace safer and healthier, you could be eligible for an award!

Enter the 2014 Awards now by going to the WorkSafe Tasmania website at www.worksafe.tas.gov.au

Launceston Awards presentation

- **Be celebrated** and applaud the 2013 Overall WorkSafe Tasmania Awards Winner
- **Be inspired** by Fiona Coote AM, Australia's youngest and most famous heart transplant recipient and beyondblue Director (pictured right)
- **Be motivated:** hear from Pitt & Sherry Consulting Engineers and Grange Resources, finalists at the eighth Annual Safe Work Australia Awards 2013 and overall and individual winner at the 2012 WorkSafe Tasmania Awards for Best

solution to an identified workplace health and safety issue

- **Be involved:** enjoy a complimentary drink after the Awards presentation and meet the winners, finalists, judges and other Awards attendees
- **Master of Ceremonies:** Daryl Peebles

Friday 1 November 3–4pm

Country Club Tasmania, Show Room

Cost: Free

Register at www.worksafe.tas.gov.au



Launceston presentation lucky door prize: Attend to be in the draw to win a Mac Book Pro

Injury Management and Return to Work

Common workplace injuries, best practise injury management & implications for return to work

Presented by:

QBE: Trent Danaher, Injury Management Advisor

Who should attend:

Senior managers, officers, insurance brokers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, workers

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 7 Oct, 1.30-3.30pm

Registration: www.worksafe.tas.gov.au

This seminar uses examples and case studies to explore common workplace injuries, best practice injury management and implications for return to work.

IMC open networking event

Presented by:

Injury Management Coordinators Association of Tasmania

Who should attend:

Injury management coordinators, return to work coordinators, anyone interested in injury management issues

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 9 Oct, 3-4pm

Launceston Country Club, Ballroom.
Mon 21 Oct, 2.30-3.30pm

Registration: www.worksafe.tas.gov.au

This seminar addresses the role of the IMC, emerging issues within the Tasmanian workers compensation scheme, conflict management and dispute resolution. It will feature guest speaker Julia Drew and there will be networking opportunities.

New initiatives to support WorkCover-accredited medical practitioners

Presented by:

WorkSafe: Brad Parker, Assistant Director

Who should attend:

WorkCover-accredited medical practitioners, return to work coordinators, injury management coordinators, workplace rehabilitation providers, licensed insurers, self insurers

Locations and times:

Hobart Wrest Point, Derwent Room. Fri 11 Oct, 2-3pm

Burnie Arts and Function Centre, Bass/Flinders Room. Thurs 17 Oct, 10.30-11.30am

Launceston Country Club, Tasman Room. Tues 29 Oct, 9-10am

Registration: www.worksafe.tas.gov.au

This seminar provides an overview of current activities and new initiatives for WorkCover-accredited medical practitioners. It covers the new online accreditation model for medical practitioners, the Medical Practitioner Handbook, and the Medical Mentoring and Advisory Service.

Injury Management and Return to Work

Operation & performance of the Tasmanian workers compensation scheme

Presented by:

WorkSafe: Venetia Joscelyne,
Research Officer

Who should attend:

Senior managers, licensed insurers,
self-insurers

Locations and times:

Hobart Wrest Point, Derwent Room.
Mon 30 Sept, 1.30-2.30pm

Launceston Country Club, Tasman
Room. Mon 21 Oct, 1-2pm

Registration: www.worksafe.tas.gov.au

This seminar reviews the operation and performance of the Tasmanian workers compensation scheme for the 2012–13 financial year. It examines key aspects of scheme performance within the context of various legislative reforms that have impacted on the cost of the scheme; in particular, trends in claim numbers and payments.

Strategic workers compensation management

GIO Insurance will run a workshop during WorkSafe Month for its clients only on strategic workers compensation management, looking at employers' obligations under the Act, including practical exercises on injury management. For information call Phil Denning on 6215 6341.

WorkSafe's new information management system

Presented by:

WorkSafe: Brad Parker, Assistant
Director

Who should attend:

Licensed insurers, self insurers

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 1 Oct, 11am-12pm

Launceston Country Club, Tasman
Room. Tues 29 Oct, 10.30-11.30am

Registration: www.worksafe.tas.gov.au

This seminar outlines the new WorkSafe Information Management System, what it's used for, what data is collected and how that data is used, including an overview of the capabilities and usage of the Qlikview reporting/analysis system.

Health and Wellbeing

Ageing workforce: Are you prepared? An integrated wellbeing, health & safety approach

presented by:

WorkSafe and Dept of Health & Human Services, partnered with Bupa Australia. Guest speakers (see below)

Who should attend:

Senior managers, supervisors, human resources personnel, health and safety representatives, workers, workplace rehabilitation providers, medical practitioners, WHS professionals, wellbeing champions/coordinators, union representatives

Locations and times:

Hobart Wrest Point, Show Room.
Fri 4 Oct, 7.30am-2pm

Launceston Country Club, Ballroom.
Wed 23 Oct, 7.30am-2pm

Registration: www.worksafe.tas.gov.au

This conference examines the challenges and opportunities of an ageing workforce. It includes managing work pressures through positive behaviours; eating well and moving well for healthy ageing; health, safety and wellbeing and life-long workability; and engaging the ageing workforce. Guest speakers include Bupa ambassador and former ironman Guy Leech.

Beach to Bay/Strahan: Walk it, skip it, run it: Fun run/walk along Strahan Foreshore

Presented by:

ACTIVE Strahan Inc, partnered with WorkSafe

Who should attend:

The West Coast Community

Locations and times:

Strahan, starting and finishing at West Strahan Beach. Sat 2 Nov, 9am-3pm

Registration: Through ACTIVE Strahan Inc's website at www.beachtobaystrahan.com.au or collect a registration form from West Coast post offices or Bendigo Bank Queenstown and Strahan

This fun day puts the spotlight on health and wellbeing on the West Coast, with community displays and activities, and three courses that you and your family can run or walk (3km, 6km and 9km). It will also raise money to install outdoor exercise equipment around Strahan's foreshore track for the community's use.

Become stroke safe

Presented by:

National Stroke Foundation

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 1 Oct, 4-5pm

Burnie Arts and Function Centre, Braddon Hall. Mon 14 Oct, 12.30-1.30pm

Launceston Country Club, Ballroom,
Mon 28 Oct, 3-4pm

Registration: www.worksafe.tas.gov.au

This seminar outlines how to recognise the signs of stroke in a work colleague, customer or yourself, using the FAST test. It explains what to do if someone is having a stroke, and how to prevent a stroke.

Bocce team challenge

Presented by:

Life.Be in it.

Who should attend:

Open to everyone

Locations and times:

Hobart, Wrest Point Casino lawns.
Fri 4 Oct, 9.30am-1.30pm

The lawns at Parliament Square, Hobart (Salamanca). Fri 11 Oct, 4-6.30pm

Registration: www.worksafe.tas.gov.au or www.tas.lifebeinit.org

This active day shows that bocce is a fun and relaxing sport suitable for all ages, fitness and abilities. Come along as a workplace group (teams of four). You can also register a team for the six week team challenge on Fri 18 Oct on the lawns at Parliament Square, Hobart (Salamanca). Rounds go for half an hour. For information on the team challenge, email info@tas.lifebeinit.org

Health and Wellbeing

Executive golf day

Presented by:

WorkSafe, partnered with GIO Insurance

Who should attend:

Senior managers, supervisors, human resources personnel, health and safety representatives

Locations and times:

Launceston Country Club Casino.
Fri 25 Oct 11am-5.30pm

Registration: www.worksafe.tas.gov.au
by Fri 11 Oct

Cost:

\$25 each or \$80 for team of four people

This active day shows that to understand workplace health and wellbeing, you don't have to sit in a room all day. Join the WorkSafe Health and Wellbeing Advisor, Country Club Golf Pro and other business leaders for a day of golf, learning and networking. Lunch held from 11am in Links Restaurant, golf is Ambrose format and shot gun start.

Fit for work

Presented by:

Safety Institute of Australia–Tasmanian Branch, partnered with RBF

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Tues 1 Oct, 9am-12pm

Launceston Country Club, Show Room.
Thurs 31 Oct, 9am-12pm

Registration: www.worksafe.tas.gov.au

This seminar features professionals from the fields of health, safety, fitness, medicine and law to discuss what is fitness, suitability and competency for work. It includes a Q&A panel.

Health & wellbeing champions training

Presented by:

WorkSafe: Cameron Blight, Health & Wellbeing Advisor; Dept of Health & Human Services: Rebekah Harrison, Health & Wellbeing Advisor; Wellness Communications Solutions: Bob Boyd, Director

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 2.30-5pm

Hobart Wrest Point, Derwent Room.
Wed 9 Oct, 1.30-4pm

Burnie Arts and Function Centre, Braddon Hall. Fri 18 Oct, 2-4.30pm

Launceston Country Club, Tasman Room. Tues 22 Oct, 11.30am-2pm

Registration: www.worksafe.tas.gov.au

This interactive workshop builds the capacity of those wanting to implement or advance their existing workplace health and wellbeing program. It covers the seven cycles of implementing the key principles that underpin a sustainable program. It includes presentations, access to best practice resources and opportunities to network. It builds on a pilot series of champions training conducted in July/August.

Help yourself to better health

Presented by:

Personal Best Fitness: Eidolan Erin, Master Trainer

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 10 Oct, 1-2.30pm

Registration: www.worksafe.tas.gov.au

This practical seminar encourages you to move more throughout your working day. It demonstrates how you can reduce workplace injuries and improve wellbeing by practicing functional movements; even small movements can have a large impact on your wellbeing.

How well are you & your organisation?

Presented by:

Be Well 4 Work: Gordon Fyfe, Executive Director

Who should attend:

Senior managers, supervisors, human resources personnel, health and safety representatives, workers interested in improving the wellbeing of their workplace

Locations and times:

Hobart Wrest Point, Derwent Room. Fri 11 Oct, 12-1pm

Burnie Arts and Function Centre, Braddon Hall. Mon 14 Oct, 11am-12pm

Launceston Country Club, Tasman Room. Mon 21 Oct, 2.30-3.30pm

Registration: www.worksafe.tas.gov.au

This seminar challenges you to think differently about your health (at work and outside work) and the health of your organisation. It covers the challenges and benefits of creating a 'Well Health Culture' and asks what a Well Workplace would look like for you and your organisation.

Humour lightens the load: Using humour for workplace stress

Presented by:

CentaCare: Heather Donaldson, Early Intervention Worker

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Launceston Country Club, Tasman Room. Tues 22 Oct, 2.30-3.30pm

Registration: www.worksafe.tas.gov.au

This seminar discusses how humour can increase resilience, reduce stress and fatigue, connect people, inspire creativity, increase energy and productivity, and help with problem solving and clear thinking — thus ensuring a safer and happier workplace. It will help to bring optimism into your work and life.

Mental health expo

Aspire, A Pathway to Mental Health Inc is hosting a mental health expo for the community on 11 October at The Tramsheds, Launceston. The expo brings together mental health organisations from across Launceston for information stalls, guest speakers, chill-out zones, and activities such as massages, tai chi and zumba classes. WorkSafe Tasmania will be exhibiting at this event. For information call Alison at CornerStone Youth Services (Headspace yadas) on 6335 3100.

Respectful behaviours in the workplace

Presented by:

Dept of Health & Human Services: Robynne Rankin, Occupational Psychologist

Who should attend:

Senior managers, supervisors, officers, human resources personnel, workers

Locations and times:

Hobart Wrest Point, Derwent Room.

Wed 2 Oct, 9am-12pm

Hobart Wrest Point, Derwent Room. Fri

11 Oct, 9am-12pm

Burnie Arts and Function Centre, Braddon Hall. Mon 14 Oct, 9am-12pm

Launceston Country Club, Ballroom.

Mon 28 Oct, 9am-12pm

Registration: www.worksafe.tas.gov.au

This practical seminar explains how to create a respectful workplace culture for your team or across your organisation. It involves group work and personal reflection on the impact of individual behaviours, team engagement and how to create a positive workplace culture.

Sitting at work: Why it's dangerous & what you can do

Presented by:

Dept of Health & Human Services: Michelle Morgan, Physical Activity Policy & Program Officer; Sharon Campbell, Healthy Workers Project Officer
Partnered with RBF Tasmania

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, workplace rehabilitation providers, medical practitioners, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.

Tues 1 Oct, 12.30-1.30pm

Launceston Country Club, Tasman

Room. Fri 1 Nov, 1.30-2.30pm

Registration: www.worksafe.tas.gov.au

This seminar explores the health risks of prolonged periods of sitting, which is a danger to health even if adults are achieving the recommended 30 minutes of physical activity a day. It provides practical guidance and strategies for breaking up sitting time in a variety of workplaces.

Sleep & workplace health & wellbeing

Presented by:

Hosted by Menzies Research Institute Tasmania: Prof Drew Dawson, Central Queensland University; Dr Garun Hamilton, Monash Health; Associate Professor Paul Turner and Dr Luke Mirowski, University of Tasmania
Partnered with RBF Tasmania

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, workers, medical practitioners, WHS professionals, union representatives, students and researchers

Locations and times:

Hobart Wrest Point, Show Room. Thurs 10 Oct, 9am-12.30pm

Registration: www.worksafe.tas.gov.au

This seminar explores sleep loss and its effect on workers. It covers the effects of shift work and sleep loss on health and how to protect against fatigue-related errors. It considers fatigue management (including fatigue management technologies for the heavy vehicle transport industry), shift work and rostering. It covers clinical research in sleep apnoea, drawing links to obesity and cardio-vascular disease, and the potential impact on workers and business.

Weighing it up: Healthy eating, fad diets & how to tell the difference

Presented by:

Dept of Health & Human Services:
Caitlin Saunders, Dietitian

Who should attend:

Senior managers, supervisors, officers, health and safety representatives, WHS committee members, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room.
Wed 2 Oct, 4-5pm

Launceston Country Club, Tasman Room. Fri 1 Nov, 12-1pm

Registration: www.worksafe.tas.gov.au

This interactive seminar explains the link between nutrition and health, and the risks of fad dieting and workplace weight-loss challenges. As workplaces are increasingly involved in health and wellbeing, this seminar separates the myths from the facts about good nutrition, and discusses practical and safe ways workplaces can support staff to eat well and get active.

Wellbeing at work

Presented by:

bReal Consulting: Brendan Sullivan, Manager; Michael Sharman, Psychologist; Jonathon Bedloe, Facilitator

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room,
Mon 7 Oct, 1.30-3.30pm

Burnie Arts and Function Centre,
Braddon Hall, Wed 16 Oct, 3-5pm

Launceston Country Club, Tasman Room. Thurs 24 Oct, 9.30-11.30am

Registration: www.worksafe.tas.gov.au

This seminar provides a new look at the root causes of workplace incidents. It creates awareness of the human condition and how life issues can significantly affect how present and safe people can be at work. It will improve workplace safety (and therefore productivity and output) by reducing human error, which is often the root cause of a poor safety culture.

Why your organisation needs employee assistance programs

Presented by:

Relationships Australia: Julie Homer, Business Development Consultant

Who should attend:

Senior managers, supervisors, officers, human resources personnel, health and safety representatives, WHS committee members, workers, return to work coordinators, injury management coordinators, workplace rehabilitation providers, medical practitioners, licensed insurers, self insurers, WHS professionals

Locations and times:

Hobart Wrest Point, Derwent Room. Fri 11 Oct, 2-3pm

Burnie The Point, MMG-GHD function room. Mon 14 Oct, 12.30-1.30pm

Launceston Country Club, Ballroom. Thurs 24 Oct, 1.30-2.30pm

Registration: www.worksafe.tas.gov.au

This seminar explores the impact of mental health issues and stress on work performance; and how Employee Assistance Programs (EAPs) help organisations support their workforce by addressing issues that may affect their work performance. The partnership between an organisation and an EAP provider has measurable results, including increased productivity and work performance, and reduced absenteeism, staff turnover and incidents.

Workplace leadership: Living well is leading well

Presented by:

Wellness Communications Solutions:
Bob Boyd, Director

Who should attend:

Senior managers, officers, human resources personnel, directors, board members

Locations and times:

Hobart Wrest Point, Derwent Room.
Thurs 3 Oct, 12-2pm

Hobart Wrest Point, Derwent Room.
Wed 9 Oct, 11am-1pm

Burnie Arts and Function Centre,
Braddon Hall. Fri 18 Oct, 11.30am-1.30pm

Launceston Country Club, Tasman Room. Tues 22 Oct, 9-11am

Registration: www.worksafe.tas.gov.au

This seminar explores further dimensions of leadership through personal wellness, and the benefit this has to your team and organisation. It guides you through the traits of living well and leading well, and the effect this has on your team.

Hobart events timetable

Wrest Point Hobart					
Show Room		Derwent Room	Derwent Room	Derwent Room	Derwent Room
Time	Monday 30 September	Monday 30 September	Tuesday 1 October	Tuesday 1 October	Wednesday 2 October
7.00am –					
7.30am –					
8.00am –					
8.30am –					
9.00am –	Health & safety representatives conference				
9.30am –		Better Work Tasmania	Fit for work	How to manage & control asbestos in the workplace	Directors' responsibilities & accountabilities for WHS
10.00am –					
10.30am –					
11.00am –				WorkSafe's new information management system	
11.30am –		Case studies on the need to reduce electromagnetic field exposures in the built environment			
12.00pm –					
12.30pm –					
1.00pm –			Prosecutions: Lessons learnt	Sitting at work: Why it is dangerous & what you can do	Eliminating workplace incidents: Learning from case studies
1.30pm –					
2.00pm –	Operation & performance of the Tasmanian workers compensation scheme				
2.30pm –		WHS consultation, cooperation & consideration: A practical guide to the code of practice	Bullying: What is it, what it isn't & what to do about it		
3.00pm –					
3.30pm –	Carbon monoxide & domestic gas heating appliances				
4.00pm –					
4.30pm –			Become stroke safe	AS 3012 Electrical installations: Construction & demolition sites	
5.00pm –					
5.30pm –		How to survive an audit: Simple steps to safe systems at work			
6.00pm –					
6.30pm –					
7.00pm –					

Hobart events timetable

Wrest Point Hobart					Time
Derwent Room	Derwent Room	Derwent Room	Tasman Room	Plenary Hall	
Wednesday 2 October	Thursday 3 October	Thursday 3 October	Friday 4 October	Friday 4 October	
					7.00am
					7.30am
					8.00am
					8.30am
					9.00am
Respectful behaviours in the workplace	Enforceable undertakings	SafeSpine	Ageing workforce: Are you prepared? An integrated wellbeing, health and safety approach		9.30am
					10.00am
	Benefits & risks associated with safety management software	Eye protection required beyond this point			10.30am
				11.00am	
					11.30am
					12.00pm
Keeping workers safe at work: The increasing dilemma for business	First aid in the workplace	Workplace leadership: Living well is leading well			12.30pm
					1.00pm
					1.30pm
					2.00pm
					2.30pm
Using humour as a coping mechanism	Safe driving	Health & wellbeing champions training			3.00pm
					3.30pm
Weighing it up: Healthy eating, fad diets & how to tell the difference					4.00pm
				2013 Worksafe Tasmania Awards Presentation	4.30pm
					5.00pm
					5.30pm
					6.00pm
					6.30pm
					7.00pm

Tradeshow (Exhibition Foyer)

Hobart events timetable

Wrest Point Hobart						
Derwent Room		Derwent Room		Derwent Room		
Time	Monday 7 October	Monday 7 October	Tuesday 8 October	Wednesday 9 October	Wednesday 9 October	
7.00am –						
7.30am –						
8.00am –						
8.30am –						
9.00am –	Managing alcohol & other drugs in the workplace	Get in on the Act!	Workplace bullying conference	How to manage WHS risks code of practice	Communicate! Strategies for effective communication in today's diverse workplaces	
9.30am –						
10.00am –						
10.30am –						
11.00am –						
11.30am –	Hazardous manual tasks: What does the code of practice require	Implimenting a WHS management system: AS4801			Quad bike safety	Workplace leadership: Living well is leading well
12.00pm –						
12.30pm –						
1.00pm –						
1.30pm –	Common workplace injuries, best practice injuy management & implications for return to work	Wellbeing at work			Enforceable undertakings	Health & wellbeing champions training
2.00pm –						
2.30pm –						
3.00pm –						
3.30pm –				IMC open networking event		
4.00pm –						
4.30pm –	Safety management plans	Work related driver safety				
5.00pm –						
5.30pm –						
6.00pm –						
6.30pm –						
7.00pm –						

Hobart events timetable

Wrest Point Hobart					Time
Derwent Room	Show Room	Derwent Room	Derwent Room	Derwent Room	
Thursday 10 October	Thursday 10 October	Thursday 10 October	Friday 11 October	Friday 11 October	
					– 7.00am
					– 7.30am
					– 8.00am
					– 8.30am
					– 9.00am
			Prosecutions: Lessons learnt		– 9.30am
Directors' responsibilities & accountabilities for WHS	Sleep & workplace health & wellbeing			Respectful behaviours in the workplace	– 10.00am
					– 10.30am
			Managing the work environment & facilities		– 11.00am
					– 11.30am
					– 12.00pm
					– 12.30pm
Eliminating workplace incidents: Learning from case studies			How well are you and your organisation?	Managers supporting workplace support/contact officers	– 1.00pm
					– 1.30pm
		Help yourself to better health			– 2.00pm
			Why your organisation needs employee assistance programs	New initiatives to support WorkCover-accredited medical practitioners	– 2.30pm
					– 3.00pm
					– 3.30pm
					– 4.00pm
Safety management plans					– 4.30pm
					– 5.00pm
					– 5.30pm
					– 6.00pm
					– 6.30pm
					– 7.00pm

Burnie events timetable

	Arts and Function Centre	The Point	The Point	Arts and Function Centre	The Point
	Braddon Hall	MMG-GHD function room	MMG-GHD function room	Braddon Hall	MMG-GHD function room
Time	Monday 14 October	Monday 14 October	Tuesday 15 October	Tuesday 15 October	Wednesday 16 October
7.00am –					
7.30am –					
8.00am –					
8.30am –					
9.00am –	Respectful behaviours in the workplace	How to manage WHS risks code of practice	Prosecutions: Lessons learnt	Bullying: What it is, what it isn't & what to do about it	Workplace bullying conference
9.30am –					
10.00am –			Managing the work environment & facilities		
10.30am –					
11.00am –	How well are you & your organisation?				
11.30am –					
12.00pm –					
12.30pm –	Become stroke safe	Why your organisation needs employee assistance programs		Get in on the Act!	
1.00pm –			First aid in the workplace		
1.30pm –					
2.00pm –	Hazardous manual tasks: What does the code of practice require?				
2.30pm –					
3.00pm –					
3.30pm –		AS 3012 Electrical Installations: Construction & demolition sites	Managing alcohol & other drugs in the workplace		
4.00pm –					
4.30pm –					
5.00pm –				How to survive an audit: Simple steps to safe systems at work	
5.30pm –					
6.00pm –					
6.30pm –					
7.00pm –					

Burnie events timetable

Arts and Function Centre					Time
Braddon Hall	Braddon Hall	Bass/Flinders	Braddon Hall	Bass/Flinders	
Wednesday 16 October	Thursday 17 October	Thursday 17 October	Friday 18 October	Friday 18 October	
					– 7.00am
					– 7.30am
					– 8.00am
					– 8.30am
					– 9.00am
Enforceable undertakings		Managers supporting workplace support/contact officers			– 9.30am
	Directors' responsibilities & accountabilities for WHS		Quad bike safety		– 10.00am
Safety management for small business		New initiatives to support Workcover-accredited medical practitioners			– 10.30am
					– 11.00am
					– 11.30am
		Carbon monoxide & domestic gas heating appliances	Workplace leadership: Living well is leading well		– 12.00pm
Case studies on the need to reduce electromagnetic field exposures in the built environment	Eliminating workplace incidents: Learning from case studies			– 12.30pm	
				– 1.00pm	
		Eye protection required beyond this point (45min)			– 1.30pm
					– 2.00pm
				Work related driver safety	– 2.30pm
					– 3.00pm
Wellbeing at work	How to manage & control asbestos in the workplace	Communicate! Strategies for effective communication in today's diverse workplaces	Health & wellbeing champions training		– 3.30pm
					– 4.00pm
					– 4.30pm
					– 5.00pm
					– 5.30pm
					– 6.00pm
					– 6.30pm
					– 7.00pm

Launceston events timetable

Country Club Tasmania					
Ballroom		Tasman Room		Ballroom	
Monday 21 October		Monday 21 October		Tuesday 22 October	
Monday 21 October		Tuesday 22 October		Tuesday 22 October	
Monday 21 October		Tuesday 22 October		Wednesday 23 October	
7.00am –					
7.30am –					
8.00am –					
8.30am –					
9.00am –					
9.30am –	How to manage & control asbestos in the workplace	Work related driver safety	Hazardous manual tasks: What does the code of practice require?	Workplace leadership: Living well & leading well	Ageing workforce: Are you prepared? An integrated wellbeing, health and safety approach
10.00am –					
10.30am –					
11.00am –					
11.30am –	How to manage WHS risks code of practice	Keeping workers safe at work: The increasing dilemma for businesses	Quad bike safety		
12.00pm –					
12.30pm –				Health & wellbeing champions training	
1.00pm –					
1.30pm –	Enforceable undertakings	Operation & performance of the Tasmanian workers compensation scheme			
2.00pm –					
2.30pm –			Case studies on the need to reduce electro-magnetic field exposures in the built environment		
3.00pm –	IMC open networking event	How well are you & your organisation?		Humour lightens the load: Using humour for workplace stress	
3.30pm –					
4.00pm –					
4.30pm –					
5.00pm –					
5.30pm –					
6.00pm –					
6.30pm –					
7.00pm –					

Launceston events timetable

Country Club Tasmania				Time
Ballroom	Tasman Room	Ballroom	Golf Course	
Thursday 24 October	Thursday 24 October	Friday 25 October	Friday 25 October	
				– 7.00am
				– 7.30am
				– 8.00am
				– 8.30am
				– 9.00am
				– 9.30am
Directors' responsibilities & accountabilities for WHS	Wellbeing at work			– 10.00am
				– 10.30am
				– 11.00am
				– 11.30am
				– 12.00pm
	Eye protection required beyond this point (45 min)	Health & safety representatives conference		– 12.30pm
Eliminating workplace incidents: Learning from case studies				– 1.00pm
				– 1.30pm
	Why your organisation needs employee assistance programs			– 2.00pm
			Executive golf day	– 2.30pm
				– 3.00pm
				– 3.30pm
				– 4.00pm
				– 4.30pm
				– 5.00pm
				– 5.30pm
				– 6.00pm
				– 6.30pm
				– 7.00pm

Launceston events timetable

Country Club Tasmania						
Ballroom		Tasman Room		Show Room		
Time	Monday 28 October	Monday 28 October	Tuesday 29 October	Tuesday 29 October	Wednesday 30 October	
7.00am –						
7.30am –						
8.00am –						
8.30am –						
9.00am –	Better Work Tasmania	Respectful behaviours in the workplace	Prosecutions: Lessons learnt	New initiatives to support WorkCover-accredited medical practitioners	Workplace bullying conference	
9.30am –						
10.00am –						
10.30am –						
11.00am –	Implementing a WHS management system: AS 4801		WorkSafe's new information management system			
11.30am –						
12.00pm –			Bullying: What is it, what it isn't & what to do about it			
12.30pm –						
1.00pm –	Managing the work environment & facilities					
1.30pm –						
2.00pm –						
2.30pm –			WHS consultation, cooperation & coordination: A practical guide			
3.00pm –	Become stroke safe					
3.30pm –						
4.00pm –						
4.30pm –	How to survive an audit: Simple steps to safe systems at work		Safety management plans			
5.00pm –						
5.30pm –						
6.00pm –						
6.30pm –						
7.00pm –						

Launceston events timetable

Country Club Tasmania

Show Room	Tasman Room	Tasman Room	Show Room		Time	
Thursday 31 October	Thursday 31 October	Friday 1 November	Friday 1 November			
					– 7.00am	
					– 7.30am	
					– 8.00am	
					– 8.30am	
					– 9.00am	
Fit for work	Communicate! Strategies for effective communication in today's diverse workplaces	Tradeshow (Ballroom)	Carbon monoxide & domestic gas heating appliance	Tradeshow (Ballroom)	– 9.30am	
					– 10.00am	
	Managers supporting workplace support/contact officers		Benefits & risks associated with safety management software		– 10.30am	
					– 11.00am	
					– 11.30am	
					– 12.00pm	
First aid in the workplace	Get in on the Act!	Tradeshow (Ballroom)	Weighing it up: Healthy eating, fad diets, & how to tell the difference	Tradeshow (Ballroom)	– 12.30pm	
						– 1.00pm
			Sitting at work: Why it's dangerous & what you can do			– 1.30pm
					– 2.00pm	
					– 2.30pm	
Managing alcohol & other drugs in the workplace	AS 3012 Electrical installations: Construction & demolition sites	Tradeshow (Ballroom)		Tradeshow (Ballroom)	– 3.00pm	
					2013 WorkSafe Tasmania Awards Presentation	– 3.30pm
					– 4.00pm	
					– 4.30pm	
					– 5.00pm	
					– 5.30pm	
					– 6.00pm	
					– 6.30pm	
					– 7.00pm	

Tradeshaw Sponsor & Exhibitor



www.myosh.com.au

myosh offers comprehensive safety management software that ensures complete support via major consultation and training providers and is constantly praised for its easy to use web-based platform. Available in a multi-lingual version, myosh is used globally and has been customised for many industries; including oil, gas, mining, and construction.

myosh offers four different products which have been tailored to suit small to medium business (Classic, Practioner), medium to large business (Custom) and multinational organisations (Enterprise).

Venue:
Wrest Point Hobart
Exhibition Foyer

Venue:
Country Club
Launceston
Ballroom

Dates and venues
Hobart: Friday 4 October
9am-5.30pm
Launceston: Thursday 31
October & Friday 1 November
9am-5pm

Prize for registering

iPod mini



Active Launceston (Launceston only)

www.activelaunceston.com.au

Active Launceston is a community driven partnership with the vision of improving the health and wellbeing of the Launceston community through physical activity. It provides free physical activity programs and events for the community. It also seeks to endorse, support and guide new and existing physical activity providers to enhance their service and their connection with the community.



Easy Guides

www.easyguides.com.au

Easy Guides prides itself in publish Industry training materials. In the development process, it uses Industry experts and trainers. This has lead to training products which are user friendly for everyone. Meet your duty of care with Easy Guides inspection checklist and training materials for earthmoving. Safety and licence training materials for high risk will help you pass audit and get high risk licence units on your RTO scope.



ETCS Pty Ltd

www.etcs.com.au

ETCS offers a full compliance program for all essential services tasks and WHS tasks in the fire and electrical fields. It offers servicing including detailed results of all serviced assets for compliance purposes. It does this by providing a well-planned, preventative maintenance program that is fully automated with barcoding facility, allowing for easy identification and maintenance history.



Bupa

www.bupa.com.au

Come and meet Bupa Ambassador Guy Leech at 11.30am at the Hobart Tradeshow on Friday 4 October.



EFAP Australia

www.efap.com.au

EFAP Australia is an industrial sewing business that specializes in manufacturing first aid and medical kits. It also restocks first aid kits, supplies medical and first aid consumables and custom design bags-pouches, packs and equipment covers. It will be promoting its new Magnetic Road Accident Rescue Pouch that the SES Tasmania and Tasmania Fire Service are using.



Injury Prevention & Management

www.ipmsafety.com.au

IPM is a WHS consultancy company with a vision of 'Zero Harm at Work'. It prides itself on a pragmatic, no-nonsense approach to WHS. Since opening in 1998, IPM has become Tasmania's largest and most professional WHS consulting company.



Cirlock (Hobart only)

www.cirlock.com.au

Cirlock is an Australian owned and operated family business. It has been manufacturing lockout and tagout equipment in Australia for over 20 years. It prides itself on its high quality products and short delivery times, on standard and custom products. It has a general range of lockout equipment available Australia wide; and standard items, and custom made products.



JSA Programs

www.hazidpack.com

JSA Programs is a West Australian company specializing in a computer based program for hazards identification. Its programs are a simple to use, very effective alternative to the standard hand written job hazards analysis forms that most companies use as means for compliance to the duty of care requirement to advise workers of workplace hazards.



Kockums Bulk Systems

www.kockumsbulk.com.au

Kockums Bulk Systems is a fully Australian owned engineering company based in Melbourne. It specialises in the supply of equipment to the bulk materials handling industries. Its services start with concept design through engineering, manufacture, installation and commissioning; related to powders and granules. Kockums has Australia's most comprehensive range of in-house designed products, complemented by an array of imported specialist components, making it well placed to provide state-of-the-art solutions to industry.



Martor Australia (Launceston only)

www.martor.com

Martor supports industrial customers with safety knives. In co-operation with industry and accident prevention associations, a full range of safety knives has been developed.

To date, Martor's proud product balance totals 270 type and model versions along with well over 300 different blade configurations.



MASTER BUILDERS
TASMANIA

Master Builders Tasmania

www.mbatas.org.au

Master Builders Tasmania is an industry leader in education and training. It keeps its members fully informed and accredited by continually conducting information and training sessions designed to meet the latest standards and regulatory requirements in the ever-changing marketplace.



Monit

www.monit.com.au

Monit understands the difficulty for small to medium size enterprises in keeping up with their legal obligations.

Monit is a safety management system offering a real person dedicated to your company's who manages all of your company's WHS data, online.



Motor Safe Tasmania

www.motorsafetas.com.au

Motor Safe Tasmania provides quality advanced driver training for all vehicles from quad bikes and ride-ons, 2 and 4WD, light trucks, buses and utes. It covers the entire state and aims to create safer drivers with safer thinking. It can also help with all aspects of vehicle selection and safe use, and specialises in work related driver safety.



Personal Best Fitness (Hobart only)

www.personalbestfitness.com.au

Personal Best Fitness is one of Australia's premier corporate health and wellness consultancies. Whether you require a program of physical activity, a weight loss program, back care, team building, stress reduction programs or corporate memberships to our health club, it has a team of experienced professionals for each and every aspect of a health and wellness program.



RBF Tasmania

www.rbf.com.au

RBF is Tasmania's public sector superannuation fund and has been Tasmanian-owned since it was established in 1904.



Safety Institute of Australia, Tasmania Branch

www.sia.org.au/branches/tas

The SIA represents WHS practitioners and professionals. It aims to promote professional WHS practices.



St John Ambulance Australia

www.stjohntas.com.au

St John Ambulance Australia provides first aid training and equipment to industry and public throughout Tasmania. It will be focusing on ensuring that workplaces are aware of their first aid obligations under the new WHS laws. It will be promoting first aid kits and first aid training, and giving free tips on first aid management.



TCCI

Invigorating Business

Tasmanian Chamber of Commerce and Industry

www.tcci.com.au

training adviser and

education and



Tradebuddy Harness (Hobart only)

www.tradebuddyharness.com.au

The Tradebuddy Harness is a revolutionary safety product that has application to a wide array of trades and industries. It has been certified to carry 30 kilograms to maximise productivity and help reduce the strain associated with repetitive lifting and carrying.



TRIO Test and Measurement

www.triosmartcal.com.au

TRIO Test & Measurement is a national supplier of electronic and electrical test and measurement instruments to industry. It represents major international manufacturers and designs; and manufactures and distributes portable appliance testers for electrical testing of portable appliances in accordance with the AS/NZS 3760.



Unions Tasmania

www.unionstas.com.au

Unions Tasmania is the peak body for the union movement in Tasmania representing over 50,000 members of affiliate unions; it is also the Tasmanian Branch of the ACTU. Unions are integral to ensuring a fair and just society; by union members collectively seeking greater job security, decent wages, reasonable working conditions, and a better balance between work and family life; and by acting with other members of their communities to secure more jobs, a better education system and better health care, housing child care and community services.



WorkSafe Tasmania

www.worksafe.tas.gov.au

Ever come along to WorkSafe Month and wanted to speak face to face with a WorkSafe Advisor. Well, here's your chance. Come and talk to someone about anything WHS related, no matter what your industry.

Get information, advice and resources; and find out about our free Advisory Service for small to medium sized businesses.

Remember to quote 'WorkSafe Tas' if you contact any of the exhibitors. Contact details for exhibitors are also available at www.worksafe.tas.gov.au

Sponsors and Partners

Tradeshow Sponsor



WorkSafe Awards Sponsor



Partners





Executive golf day

Launceston Country Club Casino.

Presented by:

WorkSafe, partnered with GIO Insurance

Who should attend:

Senior managers, supervisors, human resources personnel, health and safety representatives

Locations and times:

Launceston Country Club Casino.
Fri 25 Oct 11am-5.30pm

Registration: www.worksafe.tas.gov.au by Fri 11 Oct

Cost:

\$25 each or \$80 for team of four people

This active day shows that to understand workplace health and wellbeing, you don't have to sit in a room all day. Join the WorkSafe Health and Wellbeing Advisor, Country Club Golf Pro and other business leaders for a day of golf, learning and networking. Lunch held from 11am in Links Restaurant, golf is Ambrose format and shot gun start.

Itinerary

11am Meet n Greet Buffet Luncheon: Links Restaurant
Sponsor speaker

11.45am Briefing

12pm Shot Gun Start, Ambrose format: Golf shop

Groups of four people, all starting at different holes on the tee

5.30pm Presentations: Tonic Bar

Pedometer challenge

Winning team trophy
presented by Sponsor

Corporate team prizes
(nearest pin and longest drive)

A conference facility where you can work, play and stay

- ★ Award winning conference venue
- ★ 182, 4½ star rooms
- ★ 11 function rooms
- ★ State of the art audio visual, including wi-fi
- ★ Professional, unique, memorable

"Thank you, we had a fantastic time and appreciate every effort that went in to ensuring we had a brilliant time at Country Club Tasmania - see you next year!"

- Tasmanian Farmers & Graziers Association Conference, July 2012

Contact Troy Armstrong on 6335 5722
troy.armstrong@countryclubtasmania.com.au



Country Club
TASMANIA

www.countryclubtasmania.com.au

It's time to start preparing your entry for the 2014 WorkSafe Tasmania Awards

Entry is now open

Enter online at www.worksafe.tas.gov.au



No idea is too small

Be Recognised

Take 10@10 this WorkSafe Month



*an initiative of
WorkSafe ACT*

Can't make it to one of our seminars? Then take just ten minutes at 10am sometime during WorkSafe Month to focus on work health, safety and wellbeing.

Here are some ideas to make Take10@10 work for your workplace.

Keep learning

- Hold a short session on the health and safety issues affecting your workplace
- Invite our Advisory Service into your workplace. Our Safety Advisors can help you manage health and safety in your business and meet the requirements of the new laws. Our Wellbeing Advisors can help you set up a workplace wellbeing program.

And all have practical tools and resources you can use. To book a free visit, call 1300 776 572

- Invite an industry specialist to talk to your workers: for example, a safety consultant, occupational hygienist, psychologist, ergonomist or rehabilitation provider
- Do basic first aid training
- Hold a tool box talk with your work team
- Hold refresher training for the practical skills your workers need to do their job safely

Be active

- Use the stairs instead of the lift
- Deliver messages to your workmates in person, instead of emailing or calling them
- Relieve neck tension by sitting up straight in your chair, turning your head slowly to the right, to the front, to the left and back to the front. Pause after each turn and repeat 10 times
- Walk while you think — it improves brainpower!
- Relieve tension in your shoulders by raising your shoulders to your ears, holding, then relaxing. Repeat 10 times
- Sit up in your chair, tighten your abs and release. Repeat 10 times
- Stand up, hold the back of your chair, and try some calf raises: raise your heels off the floor then lower. Repeat 10 times
- Use a pedometer to record your daily steps. Set yourself a daily target
- Set an alarm for every hour to remind you to get up and move around

Get creative

- Gather your workmates, health and safety reps, and health and safety coordinator and find ways to make safety fun and interactive
- Conduct a safety quiz
- Run a safety slogan competition

Spread the word

- Display health and safety posters and publications. Go to the WorkSafe Tasmania website at www.worksafe.tas.gov.au to download or order our resources
- Subscribe to our free quarterly Workplace Issues magazine. Go to the WorkCover website at www.workcover.tas.gov.au and search for 'workplace issues'
- Put up a health and safety noticeboard and update it regularly
- Include safety information in your workplace newsletters or e-newsletters
- Hold a 'meet your safety reps' morning tea
- Launch new safety initiatives during WorkSafe Month
- Have a health and safety suggestion box
- Make health and safety a regular agenda item on your meetings

Take action

- Check for hazards in your workplace
- Conduct a full emergency evacuation drill
- Review your health and safety policies and procedures
- Make sure all chemicals and hazardous substances are correctly labeled and stored. Make sure they all have a current Material Safety Data Sheet
- Do some housekeeping to tidy up work areas
- Get rid of broken or unwanted equipment
- Check the set-up of office and computer work stations

Be healthy

- Go for a brisk walk during your lunch break. Even better, start a regular walking group
- Organise or encourage workers to have cholesterol and heart checks
- Organise lunchtime yoga or pilates sessions during WorkSafe Month
- Hold sessions on healthy eating or stress management

Disclaimer

WorkCover Tasmania may cancel or postpone a WorkSafe Tasmania Month event or activity ('Event'), entirely at its discretion, with or without prior notice, for any reason whatsoever. Cancellation or postponement of any Event will not confer upon any person conducting, holding or participating in an Event any right to recover from WorkCover Tasmania compensation for any losses, costs, expenses, damages or otherwise, whatsoever arising or suffered as a consequence of, or in connection with, the cancellation or postponement of an Event.

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The personal information you provide to us for registration for WorkSafe Tasmania Month will be used to assist WorkCover Tasmania and/or its agents to facilitate WorkSafe Tasmania Month

events and to send to you information about WorkCover Tasmania. Failure to provide the required personal information may result in an inability to hold or attend a WorkSafe Tasmania Month event.

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Personal information for this event can be accessed or amended by contacting Stephanie Mirowski by email at stephanie.mirowski@justice.tas.gov.au. You can also email Stephanie should you no longer wish to be registered to hold or attend an event.

1300 366 322
www.wst.tas.gov.au

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